



**GROWTH HORMONE DEFICIENCY - TEST**

	<b>Signs and symptoms of Growth Hormone Deficiency</b>	<b>No Never</b>	<b>Little Rarely</b>	<b>Moderate Regularly</b>	<b>Much Often</b>	<b>Extreme Constant</b>
1.	My hair is thinning	0	1	2	3	4
2.	My cheeks sag	0	1	2	3	4
3.	My gums are receding	0	1	2	3	4
4.	My abdomen is flabby, I've got a "spare tire"	0	1	2	3	4
5.	My muscles are slack	0	1	2	3	4
6.	My skin is thin and/or dry	0	1	2	3	4
7.	It's hard to recover after physical activity	0	1	2	3	4
8.	I feel exhausted	0	1	2	3	4
9.	I don't like the world. I tend to isolate myself.	0	1	2	3	4
10.	I feel continuously anxious and worried	0	1	2	3	4

<b>Total</b>						
<b>Overall total</b>						
<b>Score</b>	<b>10 or less</b>	Satisfactory level				
	<b>Between 10 and 20</b>	Possible growth hormone deficiency				
	<b>21 or more</b>	Probable growth hormone deficiency				