



DHEA DEFICIENCY TEST

Signs and symptoms of DHEA Deficiency		No Never	Little Rarely	Moderate Regularly	Much Often	Extreme Constant
1.	My hair is dry	0	1	2	3	4
2.	My skin and eyes are dry	0	1	2	3	4
3.	My muscles are flabby	0	1	2	3	4
4.	My belly is getting fat	0	1	2	3	4
5.	I don't have much hair under my armpits (0=plenty of hair / 4=hairless)	0	1	2	3	4
6.	I don't have much hair in the pubic area (0=plenty of hair / 4=hairless)	0	1	2	3	4
7.	I don't have much fatty tissue in the pubic area (Flat "mount of Venus" in women). (0=padded/ 4= flat)	0	1	2	3	4
8.	My body doesn't have much of a special scent during sexual arousal	0	1	2	3	4
9.	I can't tolerate noise.	0	1	2	3	4
10.	My libido is low	0	1	2	3	4

Total						
Overall total						
Score	10 or less	Satisfactory level				
	Between 10 and 20	Possible DHEA deficiency				
	21 or more	Probable DHEA deficiency				