



**ALDOSTERONE DEFICIENCY TEST**

<b>Signs and symptoms of Aldosterone Deficiency</b>		<b>No Never</b>	<b>Little Rarely</b>	<b>Moderate Regularly</b>	<b>Much Often</b>	<b>Extreme Constant</b>
1.	I have sunken eyes (deep in the orbits)	0	1	2	3	4
2.	My wrinkles are sharp and deep	0	1	2	3	4
3.	I urinate too many times a day	0	1	2	3	4
4.	I crave salty foods	0	1	2	3	4
5.	My blood pressure is low	0	1	2	3	4
6.	I feel dizzy when I stand up	0	1	2	3	4
7.	I have difficulties in focusing with my eyes objects when I stand up	0	1	2	3	4
8.	I feel much better lying down than standing up	0	1	2	3	4
9.	I hear not well	0	1	2	3	4
10.	I am often absent-minded, as if I am here and in another world	0	1	2	3	4
<b>Total</b>						



Dr HERTOGHE CLINIC

<b>Overall total</b>		
<b>Score</b>	<b>10 or less</b>	Satisfactory level
	<b>Between 10 and 20</b>	Possible Aldosterone deficiency
	<b>21 or more</b>	Probable Aldosterone deficiency