



TESTOSTERONE DEFICIENCY TEST - MAN

Signs and symptoms of Testosterone Deficiency in men		No Never	Little Rarely	Moderate Regularly	Much Often	Extreme Constant
1.	My face has gotten slack, and more wrinkled	0	1	2	3	4
2.	I've lost muscle tone	0	1	2	3	4
3.	My breasts are getting fatty	0	1	2	3	4
4.	My belly tends to get fat	0	1	2	3	4
5.	I have hot flashes and sweats	0	1	2	3	4
6.	I'm constantly tired	0	1	2	3	4
7.	I tire easily with physical activity	0	1	2	3	4
8.	I feel less self-confident and more hesitant	0	1	2	3	4
9.	I feel like making love less often than I used to	0	1	2	3	4
10.	My sexual performance is poorer than it used to be	0	1	2	3	4
Total						



Dr HERTOEGHE CLINIC

Overall total		
Score	10 or less	Satisfactory level
	Between 10 and 20	Possible Testosterone deficiency
	21 or more	Probable Testosterone deficiency