

Biotin (B7) deficiency?	No Never	Few Sometimes	Moderately Regularly	Much Often	Extreme Always
Do you have the following:	0	±	+	++	+++
1. Uncombable hair (especially in children)	0	1	2	3	4
2. Diffuse scalp hair loss	0	1	2	3	4
3. Red, inflamed eyes	0	1	2	3	4
4. Body hair loss and thinning	0	1	2	3	4
5. Unusual distribution of fat in the face	0	1	2	3	4
Total					
Overall total					
Score	5 or less		Satisfactory level		
	Between 5 and 10		Possible biotin deficiency		
	11 or more		Probable biotin deficiency		