

Test yourself as a woman for Testosterone Deficiency

| Signs and symptoms of Testosterone Deficiency in women | | No Never | Little Rarely | Moderate Regularly | Much Often | Extreme Constant |
|--|--|----------------------------------|---------------|--------------------|------------|------------------|
| 1. | My face has gotten slack, and more wrinkled | 0 | 1 | 2 | 3 | 4 |
| 2. | I've lost muscle tone | 0 | 1 | 2 | 3 | 4 |
| 3. | My belly tends to get fat | 0 | 1 | 2 | 3 | 4 |
| 4. | My thighs show up with cellulite | 0 | 1 | 2 | 3 | 4 |
| 5. | My legs have varicose veins | 0 | 1 | 2 | 3 | 4 |
| 6. | I'm constantly tired | 0 | 1 | 2 | 3 | 4 |
| 7. | I am often hesitant, undecided | 0 | 1 | 2 | 3 | 4 |
| 8. | I can have excessive emotions, even hysterical reactions | 0 | 1 | 2 | 3 | 4 |
| 9. | I feel like making love less often than I used to | 0 | 1 | 2 | 3 | 4 |
| 10. | I have difficulties to reach orgasm | 0 | 1 | 2 | 3 | 4 |
| Total | | | | | | |
| Overall total | | | | | | |
| Score | 10 or less | Satisfactory level | | | | |
| | Between 10 and 20 | Possible Testosterone deficiency | | | | |
| | 21 or more | Probable Testosterone deficiency | | | | |