

Endocrinology from childhood to old age

Tuesday November 15	Wednesday November 16	Thursday November 17
Brain hormone therapies	Male & female hormone problem-solving seminar	Prenatal, childhood, juvenile & geriatric endocrinology
<p>Brain Hormone Therapies</p> <p>Pregnenolone deficiency & therapy</p> <p>Growth hormone treatment in adults</p> <ul style="list-style-type: none"> Basics GH's beneficial effects on age-related diseases: scientific evidence GH deficiency: signs & symptoms, lab tests Lab tests: IGF-1 levels within the reference range linked with disease GH treatment Associating IGF-1 and GH therapy GH secretagogues GH: risks, benefits, controversies Tips on how to solve problems with GH Nutrients and food influences on GH <p>Somatostatin</p> <p>Opioids</p>	<p>Andrology: Hormone therapy solutions for male problems</p> <ul style="list-style-type: none"> Prostate hypertrophy, prostatitis, prostaticism • Reducing excessive estradiol & PSA levels • Treating prostate cancer patients with androgens • Infertility Short penis: increase the size of the penis • Small testicles: increase the size of the testicles Peyronie's disease • Varicocèle Gynecomastia • Varicose veins Stronger beard growth Male pattern baldness Sports performance <p>Hormone therapy solutions for sexual performances</p> <p>Men: Erotic fantasies, pheromones, sexual arousal, sexual sensitivity, erectile dysfunction, coitus, ejaculation, orgasmic intensity, premature ejaculation, sperm</p> <p>Women: Attracting a partner (pheromones), sexual arousal, erotic fantasies, sexual sensitivity, coitus frequency, dyspareunia, orgasm • infertility • Cervix ripening</p> <p>Gynecology: Hormone therapy solutions for female problems</p> <ul style="list-style-type: none"> Menstrual cycle disorders: short cycles, menorrhagia, dysmenorrhea, a/hypomenorrhea, PMS, cyclical migraine, swelling Breast cysts • Small breasts Enlarged breasts • Ovarian cysts, Endometriosis • Fibroids Hirsutism; • Urinary incontinence Birth control pill • Hot flashes Treating breast cancer women with female hormones 	<p>Prenatal & Pediatric Endocrinology</p> <ul style="list-style-type: none"> Prenatal influences on endocrine glands with high risk of age-related diseases Hypothyroidism: prenatally, in childhood and adolescence & therapy Cortisol deficiency and safe treatment in children Childhood aldosterone deficiency & excess Melatonin deficiency in children Vasopressin deficiency and enuresis Growth hormone deficiency & treatment in childhood Female hormone problems in adolescent girls, underdeveloped genitals Androgen deficits in boys & adolescents, incl. underdeveloped genitals Puberty disorders: Delayed - precocious puberty Diabetes in children Oxytocin deficiency Autism: Hormone deficiencies and treatment Attention deficit disorder, hyperkinetism, difficult child Growth disorders Obesity in children <p>Geriatric Endocrinology</p> <p>Hormone therapy adaptations to elderly patients</p>
Hands on training session: Learn to practice hormone therapy		
Home DVD learning	Home DVD learning	
Aesthetical Endocrinology	Aesthetical & Longevity Endocrinology	
<ul style="list-style-type: none"> Acne • Dry skin • Thin skin Premature aging skin, elasticity loss Vitiligo & hyperpigmented spots Eczema, psoriasis, mycosis Petechiae, hematomas Poor wound healing • Keloids Hair loss: Alopecia totalis & diffusa, alopecia pelada • Hirsutism Male pattern hair loss • Grey hair Vulvar lichen • Varicose veins Hormone therapies to improve the physical appearance Eyes: dry eyes, swollen eyelids, conjunctivitis, dark circles under the eyes, sunken eyes, excessive eyebrow protrusion 	<p>Aesthetical Endocrinology</p> <ul style="list-style-type: none"> Nose: swollen, too thin nose, too small nose Face: hypertrophy of the jaw bones, chin hypertrophy, sagging cheeks, too thin face Shoulders and arms: muscle wasting; Hands: how hormones influence the appearance of the hands Mouth: inflamed/retracted gums • Lips: thin, swollen Chest: gynecomastia • Abdomen: fat - droopy belly Thighs: cellulite, sagging inner sides of the thighs Body silhouette: sagging, scoliosis, kyphosis, lordosis, excessive thinness, overweight Legs: varicose veins, ankle ulcers Feet: flat feet, osteoarthritis deformation <p>Longevity Endocrinology</p> <ul style="list-style-type: none"> Basic mechanisms Hormone therapies to live longer 	

Practical Hormone therapy workshops

Friday November 18	Saturday November 19	Sunday November 20
Practical Hormone Therapy Workshop	Nutritional & hormone therapy workshop	Physical exam for hormone therapy
<p>Patient case studies presented by experienced physicians</p> <p>Patients with</p> <ul style="list-style-type: none"> allergies muscle stiffness low stress resistance, exhaustion chronic fatigue, insomnia memory loss chronic fatigue alopecia ... male pattern hair loss, back pain, neuronal atrophy excessive weight gain in a child massive obesity in a child depression. <p>On stage consults with Dr T. Hertoghe</p>	<p>Nutrients to boost health</p> <ul style="list-style-type: none"> Anti-inflammatory diet Treating with flavonoids and polyphenols Liver detoxification <p>Mesotherapy with hormones & micronutrients</p> <ul style="list-style-type: none"> Scalp hair regrowth Presbytia Wrinkle reduction Plant hormone therapies Treating with plant (phyto) hormones <p>On stage consultations with Dr Thierry Hertoghe</p> <p>Nutritional therapy</p> <ul style="list-style-type: none"> Coenzyme Q10: unique Amino acid lab tests 	<p>Recognizing physical hormone signs and symptoms, of deficiency & overtreatment of</p> <ul style="list-style-type: none"> Growth hormone & IGF-1 MSH Oxytocin • Vasopressin Melatonin Thyroid • Calcitonin Parathormone Cortisol/glucocorticoid Pregnenolone • DHEA Insulin Estrogen Progesterone in women Testosterone in women Progesterone in men Multiple hormone deficiencies in famous people <p>CAATS software : hormone data on patient's</p>
Hands on training session: Learn to practice hormone therapy		
Home DVD learning	Home DVD learning	
The major hormone therapies: REVIEW	Menstrual cycling Female hormone therapy Intensive hands on training	
<ul style="list-style-type: none"> Thyroid treatment mild & severe hypothyroidism with T4-T3, T4 & T3 Estrogen and progesterone therapy of pre-and postmenopausal women Testosterone treatment of men & women with testosterone deficiency DHEA therapy of DHEA deficiency Safe uses of cortisol therapy in cortisol-deficient patients Aldosterone deficiency: treatment Pregnenolone treatment Melatonin treatment Growth hormone treatment of GH deficiency Vasopressin/desmopressin therapy Oxytocin treatment MSH/melanotan treatment IGF-1 treatment Progesterone therapy in men 	<p>Menstrual cycling with female hormone therapy</p> <ul style="list-style-type: none"> Menstrual cycling in postmenop. women with or not breast cancer Bio-identical hormones for birth-control <p>Estradiol deficiency in men Intensive hands on training</p> <ul style="list-style-type: none"> On stage life consultations Hands on training part 1 & 2 <p>Hormone mesotherapy</p> <ul style="list-style-type: none"> to reduce presbyopia and myopia Mesotherapy to reduce wrinkles <p>Nutritional therapy</p> <ul style="list-style-type: none"> Efficient micronutrient therapy for erectile dysfunction Silicone therapy Digestive tract improvement 	

Hormone Therapy Specialty

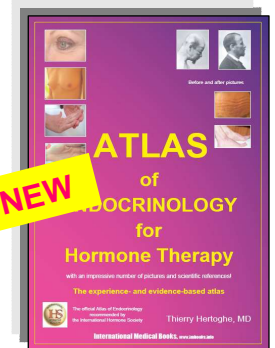
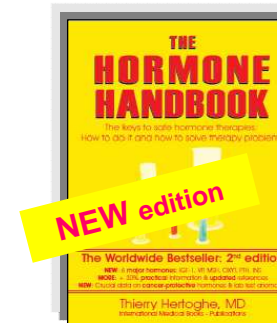
31 days of courses + 5 days in office + successful exam



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290 € - 2nd edition of the international bestselling book on hormone therapy for physicians with complete information on 18 of the most important hormone therapies including how to solve therapy problems with 400

250 € - The official International Hormone Society's Atlas of Endocrinology, an invaluable guide to the physical signs and symptoms of 18 hormone deficiencies and 18 hormone excesses: More than 700 pictures and figures, solidly evidence-based thanks to the numerous scientific references.