

Genetics, Stem cells & Progressive Lifespan medicine

Tuesday November 15	Wednesday November 16	Thursday November 17
Brain hormone therapies	Genetic typing tests & Stem cells	Prenatal, childhood, juvenile & geriatric endocrinology
<p>Brain Hormone Therapies Pregnenolone deficiency and therapy Growth hormone treatment in adults</p> <ul style="list-style-type: none"> Basics GH's beneficial effects on age-related diseases: The scientific evidence Growth hormone deficiency: signs and symptoms, lab tests Laboratory tests: IGF-1 levels within the reference range associated with disease Growth hormone treatment Associating IGF-1 and growth hormone therapy Growth hormone secretagogues Growth hormone: risks, benefits, controversies Tips on how to solve problems with GH Nutrients and food influences on GH <p>Somatostatin Opioids</p>	<p>Genetic Typing Tests</p> <ul style="list-style-type: none"> Basics Cardiovascular diseases Breast cancer Prostate cancer Alzheimer 's; neurodegenerative diseases Osteoporosis Obesity Longevity <p>Genetic typing and hormone therapy:</p> <ul style="list-style-type: none"> Endocrine-related polymorphisms How genetic typing tests may help to set up safer hormone therapies <p>Nutrigenomics: Diet, nutrient and lifestyle changes</p> <p>Stem Cell Therapy</p> <ul style="list-style-type: none"> What are stem cells History of stem cell therapy Diff. adult stem - embryonic cells Stem cell therapy <p>Application of stem cell therapy to disease:</p> <ul style="list-style-type: none"> Heart regeneration after myocardial infarction New teeth formation Blindness reversal Neurodegenerative diseases Osteoporosis Diabetes Skin diseases Cornea repair Down syndrome, etc. 	<p>Prenatal & Pediatric Endocrinology</p> <ul style="list-style-type: none"> Prenatal influences that affect the endocrine glands and may increase the risk of age-related diseases Prenatal embryogenesis of the endocrine glands Hypothyroidism: prenatally, in childhood and adolescence and its treatment Cortisol deficiency and safe treatment in children Childhood aldosterone deficiency & excess Melatonin deficiency in children Vasopressin deficiency and enuresis Growth hormone deficiency & treatment in childhood Female hormone problems in adolescent girls, including genital underdevelopment Androgen deficiency in childhood and adolescence in males, including genital underdevelopment Puberty disorders: Delayed and precocious puberty Diabetes in children Oxytocin deficiency in children Autism: Hormone deficiencies and treatment Attention deficit disorder, hyperkinetism, difficult child Growth disorders Obesity in children <p>Geriatric Endocrinology</p> <p>Hormone therapy adaptations to elderly patients</p>
Hands on training session: Learn to practice hormone therapy		

Practical Workshops in Anti-aging & Hormone Therapies

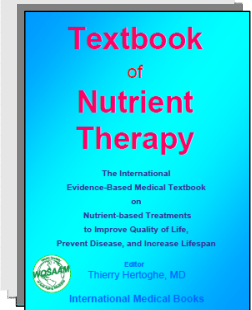
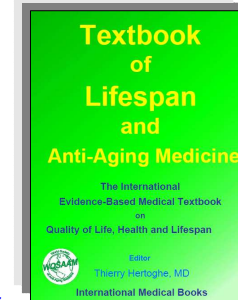
Friday November 18	Saturday November 19	Sunday November 20
The anti-aging clinic & consultation	Nutritional & hormone therapy workshop	Physical exam for hormone therapy
<p>Anti-Aging Clinic: start Anti-aging consult</p> <ul style="list-style-type: none"> Anamnesis : Appointment, medical history, complaints Dietary advice Digestion improvement Correction of nutritional deficiencies Correction of hormonal deficiencies Physical examination Laboratory tests Hormone tests Nutritional tests Functional – paramedical tests, cancer screening Interpreting/presenting test results to patients, Hormone therapies: <p>Potent hormone vit. D3 Amino acid and nutrient lab tests analyses</p>	<p>Nutrients to boost health</p> <ul style="list-style-type: none"> Anti-inflammatory diet Treating with flavonoids and polyphenols Liver detoxification <p>Mesotherapy with hormones and micronutrients for</p> <ul style="list-style-type: none"> scalp hair regrowth presbytia Wrinkle reduction <p>Plant hormone therapies</p> <ul style="list-style-type: none"> Treating with plant (phyto) hormones <p>On stage consultations with Dr Thierry Hertoghe</p> <p>Nutritional therapy</p> <ul style="list-style-type: none"> Coenzyme Q10: unique Amino acid lab tests 	<p>Recognizing physical hormone signs and symptoms, of deficiency & overtreatment of</p> <ul style="list-style-type: none"> Growth hormone & IGF-1 MSH Oxytocin • Vasopressin Melatonin Thyroid • Calcitonin Parathormone Cortisol/glucocorticoid Pregnenolone • DHEA Aldosterone/fludrocortisone Insulin Estrogen Progesterone in women Testosterone in women Progesterone in men Multiple hormone deficiencies in famous people <p>CAATS software : hormone data on patient's</p>
Hands on training session: Learn to practice hormone therapy		
Home DVD learning	Home DVD learning	
The major hormone therapies: REVIEW	Menstrual cycling Female hormone therapy Intense hands on training	
<ul style="list-style-type: none"> Thyroid treatment of mild & severe hypothyroidism with T4-T3, T4 & T3 Estrogen and progesterone therapy of pre-and postmenopausal women Testosterone treatment of men & women with testosterone deficiency DHEA therapy of DHEA deficiency Safe uses of cortisol therapy in cortisol-deficient patients Aldosterone deficiency: treatment Pregnenolone treatment Melatonin treatment Growth hormone treatment of GH deficiency Vasopressin/desmopressin therapy Oxytocin treatment MSH/melanotan treatment IGF-1 treatment Progesterone therapy in men 	<p>Menstrual cycling with female hormone therapy</p> <ul style="list-style-type: none"> Menstrual cycling in postmenopausal women with or without breast cancer Bio-identical female hormones for birth-control <p>Estradiol deficiency in men Intensive hands on training</p> <ul style="list-style-type: none"> On stage life consultations Hands on training part 1 & 2 <p>Hormone mesotherapy</p> <ul style="list-style-type: none"> to reduce presbyopia and myopia Mesotherapy to reduce wrinkles <p>Nutritional therapy</p> <ul style="list-style-type: none"> Efficient micronutrient therapy for erectile dysfunction Silicone therapy Digestive tract improvement 	



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